



**November, 2020**



# Bell Schedule

*take a pic with your phone*

- Grade 9/10's
- P1 7:55-9:10
- P2 9:15-11:15
- FLEX 11:15-11:45
- LUNCH 11:45-12:15
- P4 12:20-2:20\*\*
- FLEX 2:20-2:50

\*\*P4 Mon/Thurs students A-L  
Tues/Fri students M-Z

- Grade 11/12's
- P1 7:55-9:10
- BREAK 9:10-9:25
- P2 9:30-11:30
- FLEX 11:30-12:00
- LUNCH 12-12:30
- P4 12:35-2:35\*\*
- FLEX 2:35-3:05

\*\*P4 Mon/Thurs students A-L  
Tues/Fri students M-Z



# Year Book Notification

- Grads, your baby portraits, quote and most likely to is due now.
- Grades 9-12, please verify the spelling of your name for the Yearbook, a printout is found on the 3<sup>rd</sup> floor on the bulletin board at the top of the main front stairs by the business education department.
- Also, those of you who have a preferred name, please write out your preferred name on the same printout.





**MOVE4MANA**

*Mindfulness Week*

**DOUBLE  
POINTS** go to  
new mindful  
activities on  
**Active For  
Good!**

**Do some journaling, yoga,  
reading, meditation, and walks  
this week to gain many points!**

# MANA Art Challenge

Theme: Mindfulness



The best artwork  
that fits the theme  
wins an Art Supply  
Basket!



Submissions are due by **November 8th!** Submit your work through

[M4Mevents@gmail.com](mailto:M4Mevents@gmail.com)

# WE HAVE NEWS!

**Top 4 classes** with the most packets at the end of the challenge will be competing in a MANA challenge to win the WhiteSpot Meal!



# JOIN MOVE4MANA CHALLENGES TO WIN PRIZES!



- Tranquility basket
- Art basket
- \$50 amazon gift card
- iPad
- Beats headphones
- AirPods Pro
- Apple watch (teachers)
- Vashtie rose ice cream

**Stay tuned for these  
upcoming prizes! It's not  
too late to sign up!**

**WOULD THE FOLLOWING STUDENTS PLEASE  
COME TO THE HWSS MAIN OFFICE:**

**NATHAN CHOW  
WILLIAM LEE  
NATALIE PERAZA  
RYAN TROMMEL  
RAY ZHANG**



# Ms. Saloustros' CLC 12

---

- There is a mandatory meeting Thursday Nov. 5th in the THEATRE during FLEX 11:30am.

# GRAD PORTRAITS & BUDDY PHOTOS

Visit Gallery Link: <https://vando.imagequix.com/N9X659C>

→ Your Access Code is your Student ID Number

- **\*ID Number?** Your Student ID Number is on your ID card and is the same number every year. You can also find this number displayed on the information sheet that was given out at your appointment from GradsBC.

**Order Deadline: Tuesday November 10th,  
9:00pm**

**Questions?**

- Please email [orders@gradsbc.com](mailto:orders@gradsbc.com) or call 604-461-3722 Monday to Friday 8:30am to 4:30pm.

**The KODIAK WEAR on-line store is open  
until November 15<sup>th</sup>!**

**<https://store.passionsports.ca/hwss>**





**MATH CONTEST:  
TIME TO REGISTER FOR THE  
CIMC AND CSMC  
NOVEMBER 18, 2020**

Open to grade 9-12  
Cost is 15\$

Please email Ms. Paisley ( [mpaisley@sd43.bc.ca](mailto:mpaisley@sd43.bc.ca)) to register  
with your name and grade.

Bring your fee to RM 232 by Monday Nov 2<sup>nd</sup>  
Contests will be written at home on Nov 18<sup>th</sup>.

# **FOODS 11 SPRING SEMESTER STUDENTS of:**

**Ms. Watt, Mr. Chan and Ms. Wood**

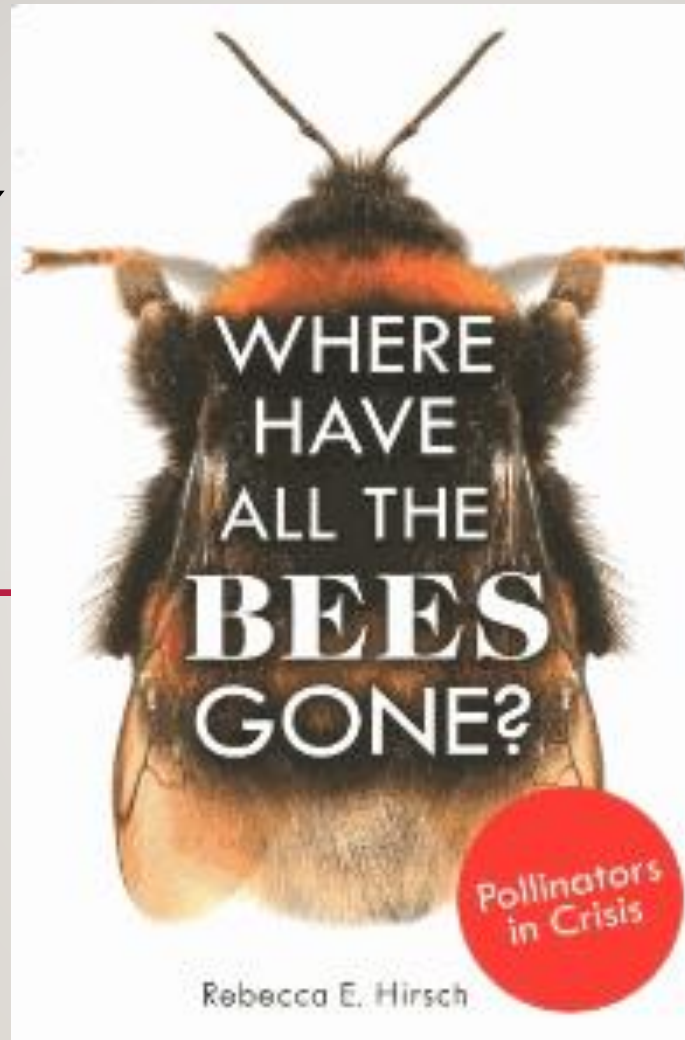
**If you have not picked up your Foods Safe Certificate,  
please go to the office.**

**The certificates are filed by  
advisory number.**



NEW LIBRARY  
BOOKS –  
COME AND  
CHECK THEM  
OUT!

---



# KODIAK ATHLETICS



# CLUBS





# HWSS CLUBS - Virtual 2020-2021

1.	Blender 3D Club	Mr. C. Strudwick cstrudwick@sd43.bc.ca
2.	Charity Brighthouse	Ms. I. Mak imak@sd43.bc.ca
3.	Econ Club	Ms. L. Gilder lgilder@sd43.bc.ca
4.	Film Leadership Club	Mr. C. Strudwick cstrudwick@sd43.bc.ca
5.	Grad Council	Mr. M. Bozic mbozic@sd43.bc.ca
6.	GSA (Gender Sexuality Alliance) Kodiak Pride Club	Ms. K. Leeden kleeden@sd43.bc.ca
7.	HOPE Club (Helping Other People Every day)	Mr. T. Clerkson tclerkson@sd43.bc.ca
8.	Hot Potato Club	Mr. P. Sather psather@sd43.bc.ca

# HWSS CLUBS - Virtual 2020-2021

9.	Human and Nature Club	Mr. J. Ross jross@sd43.bc.ca
10.	HW – Free the Korean Dogs	Mr. A. Chan achan@sd43.bc.ca
11.	HWSOap Tutoring Club	Mr. C. DeWolff cudewolff@sd43.bc.ca
12.	HWSS Newspaper	Mr. P. Aitken paitken@sd43.bc.ca
13.	Kodiak Multicultural Club	Ms. A. Lee alee@sd43.bc.ca
14.	Kodiaks With A Purpose (KWAP)	Ms. M. Nunn mnunn@sd43.bc.ca
15.	Model UN	Mr. P. Chaffee pchaffee@sd43.bc.ca
16.	Personal Finance Club	Mr. P. Sather psather@sd43.bc.ca

# HWSS CLUBS - Virtual 2020-2021



17.	Photography Club	Mr. P. Khalili pkhalili@sd43.bc.ca
18.	Physics Club	Mr. P. Khalili pkhalili@sd43.bc.ca
23.	Stock Market Club	Mr. P. Sather psather@sd43.bc.ca
19.	Student Council	Ms. M. Rai mrai@sd43.bc.ca
20.	Student Host Club	Admin heritagewoodsadmin@sd43.bc.ca
21.	Wish Youth Network Society	Ms. Y. Ohori yohori@sd43.bc.ca
24.	Writing Club	Ms. K. Ross kross@sd43.bc.ca
22.	You and I Club	Ms. K. Pavan kpavan@sd43.bc.ca

# JOIN THE PHYSICS CLUB

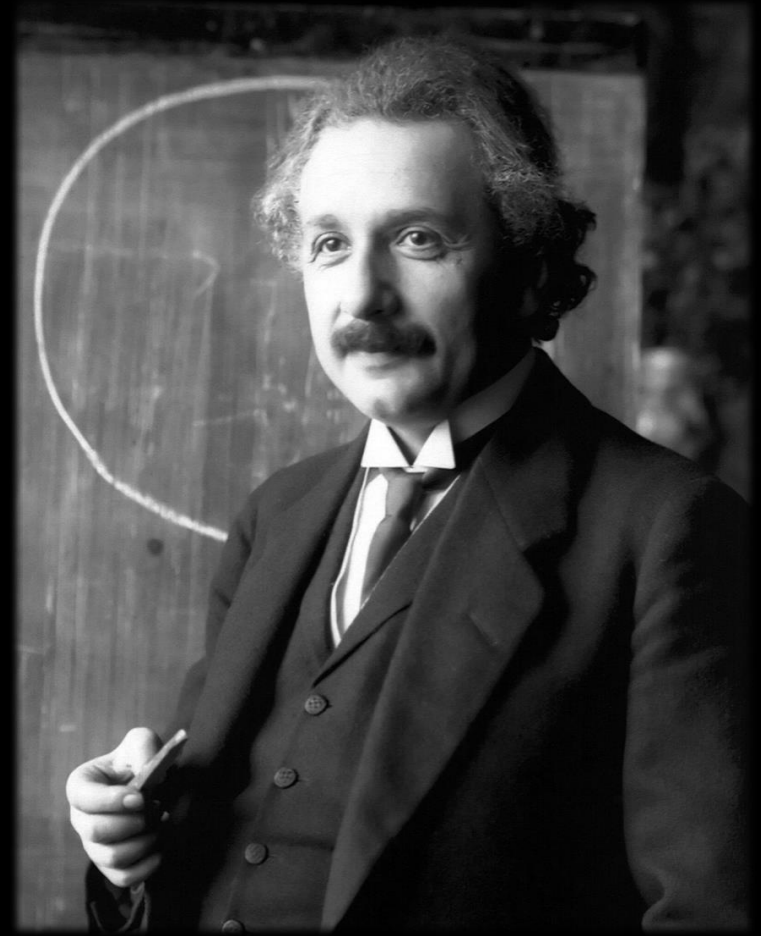
**WHO:**

All physics enthusiasts!

**Join by emailing:**

Jennifer Zhang

127-jzhang2@sd43.bc.ca



**“I have no special talents,  
I am only passionately curious”**



# JOIN BUSINESS CLUB!

- ➔ **GAIN BUSINESS EXPERIENCES**
- ➔ **GAIN WORTH WHILE CONNECTIONS**
- ➔ **GAIN VOLUNTEER HOURS**

Sign up: <https://bit.ly/3jP8RBv>

[For More info:](#)

DM @hwssbusinessclub

Email [hwssbusinessclub@gmail.com](mailto:hwssbusinessclub@gmail.com)



# KODIAK PRIDE

- Social Hang Out
- Social Justice
- Fundraising

- Fun community
- Support
- Awareness

Want a place to socialise, support and just hang out?

A place that is non-judgemental and all inclusive?

ALL are welcome. Grab a snack and join us online.

## Virtual Hang Out

Thursdays at 3:30

Email [kleeden@sd43.bc.ca](mailto:kleeden@sd43.bc.ca) with any questions or to be added to the Teams group



# ABORIGINAL YOUTH LEADERSHIP CLUB (AYLC)

---

The Aboriginal Youth Leadership Club (AYLC) is starting once again. The aim of the AYLC is to explore and celebrate Indigenous cultures and perspectives while developing leadership skills, confidence and sense of belonging. In the past there have been such activities as canoeing, weaving, nature walks for medicines and cultural teachings such as Medicine wheel, and as well, opportunities for youth to do volunteer activities for our community events. Meetings will be monthly, and the duration will be 90 mins. For those interested in joining the AYLC, please send your name to [awaunch@sd43.bc.ca](mailto:awaunch@sd43.bc.ca) Space will be limited due to Covid restrictions and as set out by the Provincial Health Authority.

# HWSOAP TUTORING

Contact [hwsaptutor@gmail.com](mailto:hwsaptutor@gmail.com) for free  
online peer tutoring in all school subjects!





# CAREER CENTER





INTERESTED IN PURSUING  
A CAREER IN FIREFIGHTING?

APPLY TODAY!

# JUNIOR FIREFIGHTERS PROGRAM

Grade 11 and 12  
students can apply  
for the SD43 Fire  
Academy.

**APPLICATIONS DUE DEC.11 2020**

Use QR Code to view the  
2021 Application Package



# INTERESTED IN REGISTERING FOR THE SD43 FIRE FIGHTING ACADEMY?

**1**

## VISIT THE WEBSITE

Use the QR Code to visit the SD43 website and learn more about the program

**2**

## COMPLETE THE APPLICATION

Download the application and follow instruction to complete your application.

**3**

## SUBMIT YOUR APPLICATION

Once complete hand-in your application to your school counselor. Applications are due December 11, 2020

**4**

## PART 2 OF APPLICATION PROCESS

Students who are successful will be contacted and will have to complete part 2 of the application process and will have to complete a physical fitness test and personal interview

# FOR MORE INFORMATION PLEASE VISIT

43CAREERS.COM OR USE THE QR CODE



A reminder that applications are **due December 11, 2020** and should be handed-in to the students counsellor.

**LINK to presentation :**

- [https://www.canva.com/design/DAEMfPiWeuk/JZtXBdBIg5D80ceHls76Dw/view?utm\\_content=DAEMfPiWeuk&utm\\_campaign=designshare&utm\\_medium=ink&utm\\_source=viewer](https://www.canva.com/design/DAEMfPiWeuk/JZtXBdBIg5D80ceHls76Dw/view?utm_content=DAEMfPiWeuk&utm_campaign=designshare&utm_medium=ink&utm_source=viewer)

2020 Fire Academy Highlight Video

- <https://www.youtube.com/watch?v=P3si49Duyps>

2019 Fire Academt Highlight Video

- <https://www.youtube.com/watch?v=b2V5ep7FBEO&feature=youtu.be>



**Attentions grade 11 and 12 students!**

**Are you interested in pursuing a career in Fire Fighting? Register for the SD43 Fire Fighting Academy and get a head start on your career.**

# **SD43 FIRE FIGHTING ACADEMY**

**March 19-26, 2021**

**LEARN MORE**



# Grade 12 students: Scholarships!!

Please see the link for a power point presentation with information on some upcoming major scholarship opportunities.

- You will find links to these plus other scholarships on the career centre webpage under the Finances/Awards tab.
- This PPT is also located on the front page of the Finances/Awards page.
- <http://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/FinancialAid.aspx#/=>
- Scholarships are listed by due date. Most are external but some are entrance/school specific so check both places.
- Please remember to check back to that page regularly. It is updated as information is released for 2021 scholarship deadlines and procedures.

If you have questions about scholarships please email Ms. Butler  
[dbutler@sd43.bc.ca](mailto:dbutler@sd43.bc.ca)

# Upcoming SD43 virtual Info sessions:

**Tuesday November 10 4 pm** Gustavson School of Business at UVic Join the Zoom Meeting <https://uvic.zoom.us/j/86359958620?pwd=UUJ6L3RKbWZqd0FFNWkrQlhIWGRzQT09>  
Meeting ID: 863 5995 8620 Password: 644097

➤ Thursday Nov. 12 5 pm Mt. Royal University: Save the date. Zoom link to come

➤ Tuesday November 17 3:30 pm SFU- SIAT Presentation  
<https://sfu.zoom.us/j/81804465265?pwd=N05JcnRWaUhGMFVLWFdpcE5tT0xpZz09>

➤ Wednesday November 18 6 pm  
SFU: <https://sfu.zoom.us/j/89231081304?pwd=aXhaZXQ3aytKM2pqNHA2MUFsZ2p2QT09>  
Meeting ID: 892 3108 1304 Password: 620941

➤ Wednesday Nov. 18 4 pm Waterloo - save the date. Zoom link to come

➤ Thursday Nov. 19 4 pm Waterloo - save the date. Zoom link to come

➤ Thursday November 19 4 pm - University of Calgary: save the date, link not yet available

➤ Thursday November 19 3:30 pm Douglas College Register in advance for this meeting:  
<https://douglascollege-ca.zoom.us/meeting/register/u5Muf-uqqD4rHdVSsx5vhW89zkHg1WxnsDah>  
After registering, you will receive a confirmation email containing information about joining the meeting.

➤ Monday November 23 5 pm Douglas College <https://douglascollege-ca.zoom.us/meeting/register/u5lqce-qqjoiG9f6MFFYEcaxF-Jnhlo4lb85>  
After registering, you will receive a confirmation email containing information about joining the meeting.

➤ Wednesday November 25 3:30 pm Douglas College Register in advance for this meeting:  
<https://douglascollege-ca.zoom.us/meeting/register/u5Atc-Gqrz8tE9W3uCps4ljWhv94le72iBqS>  
After registering, you will receive a confirmation email containing information about joining the meeting.

# Upcoming SD43 Virtual Info Sessions continued . . .

- ▶ Wednesday November 25 4 pm – University of Calgary:  
[https://ucalgary.zoom.us/meeting/register/tJAvd0yhrD8rG91b08GUTj0DfCdfmrws1\\_9k](https://ucalgary.zoom.us/meeting/register/tJAvd0yhrD8rG91b08GUTj0DfCdfmrws1_9k) Registration is open NOW
- ▶ Thursday November 26 4 pm Ryerson University: Save the date  
<https://ryerson.zoom.us/j/99862028623?pwd=bVpDR0dBTEJwVSt0aU52dXhRK2puZz09> Passcode: 496262
- ▶ **PSBC Tri-Cities Fairs:**  
Thursday November 5<sup>th</sup> 3 – 7 pm
- ▶ **Community Fairs open to anyone**  
Saturday, November 14 Noon – 4:00 pm  
Wednesday, December 2 3:00 – 7:00 pm
- ▶ **PSBC Registration link:**  
<https://postsecondarybcvirtualfair.easyvirtualfair.com>

# TD SCHOLARSHIPS FOR COMMUNITY LEADERSHIP

Community heroes do good work because they are inspired to, not for the recognition.

TD is committed to opening doors for a more inclusive and sustainable tomorrow, creating conditions so everyone has the chance to succeed in a changing world. Unique in Canada, the TD Scholarships for Community Leadership are offered to students who, like TD, help support change, nurture progress and contribute to making the world a better place. Have you shown exceptional initiative in making a meaningful and lasting difference in your community? Then we want to hear from you, as you may qualify for one of our Community Scholarships. It's not just about marks in the classroom, but rather the marks you have made on your community.

- We're interested in hearing from students who have demonstrated consistent and outstanding dedication to solving a community problem or making their community a better place. For example, you may be cleaning up the environment, promoting social justice, or fighting child poverty.

**Applications are now open. Deadline to apply November 13, 2020**

- <https://www.td.com/ca/en/personal-banking/solutions/student-banking/community-leadership-scholarship-for-canadians/?cid=DFA:24400322:2951408:277133729:135942033>



# ARE YOU UP TO THE CHALLENGE

FUTURE BUSINESS LEADERS VIRTUAL CONFERENCE  
FALL 2020

FRIDAY NOV 13, 5:00PM-7:30PM

&

SATURDAY NOV 14, 10:00AM-4:00PM

Are you a Future Business Leader?

- KPU is hosting a two-day business conference for Grade 11/12 high school students. Winners of the competition will be given an Entrance Scholarship to KPU's School of Business and will be crowned the Future Business Leaders of 2020.





# ARE YOU UP TO THE CHALLENGE

## Benefits for Students

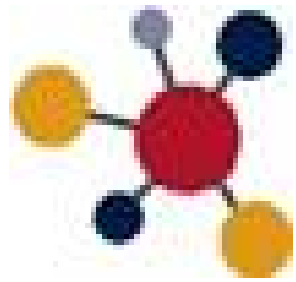
- KPU scholarships for the winning team
- Win the title of "Future Business Leaders of 2020"
- Mentorship from KPU Business Faculty
- Gain university-level business skills
- Network with industry professionals

## 2020 Prizes for Students

1st Place Team: \$1000 tuition award + \$50 Visa Gift card for each member of the team

2nd Place Team: \$50 Visa Gift card for each member of the team

3rd Place Team: \$25 Visa Gift card for each member of the team



# CANADIAN MEDICAL HALL OF FAME DISCOVERY DAYS IN HEALTH SCIENCES NOVEMBER 17, 2020

QR code →



Our modified virtual half day program comprises a keynote lecture, an interactive workshop and a career panel discussion. As always, participants will have the opportunity to select their own workshop. Please note that, although our delivery model has been adapted temporarily, the program is still considered an individual learning opportunity and workshop spaces continue to be limited.

- <https://forms.office.com/Pages/ResponsePage.aspx?id=74xl2ZICUkKZJWRC3iSkS12gtRqqkPhHgSV4d06Pfd1UMjJZNUpQR1pZVU02UzVOSkZSWkE2OFNUVy4u>

<https://www.cdnmedhall.org/bcchri2020>

OOO NATIONAL PORTFOLIO DAY

**SET  
YOUR ART  
APART**  
↔



FREE + ONLINE PORTFOLIO REVIEWS

## Events

For High School students and High School graduates

- Sunday November 8
- Sunday November 15
- Saturday November 21
- Sunday November 22
- Saturday December 5

- <https://nationalportfolioday.org/schedule/>
- Register now at <http://nationalportfolioday.live>



**Ticket Cost**  
Free for high school  
/ CEGEP students

**Interested in studying STEM in  
university or college?  
Register for SheBiz 2020!**



**Have you been thinking about studying Business, Science, Technology, Engineering or Mathematics after high school but not sure where to start? SheBiz 2020 is the perfect opportunity to learn more about careers in Finance from current university students and professionals in the industry.**

**We'll have representatives from some of Canada's largest financial institutions and universities that you'll be able to talk to and learn from directly.**

**Don't miss out on this exciting event, tell your friends and make sure to register before it's too late!**

**Wednesday, November 25, 2020**

**12:30PM - 3:30PM EST**

**Virtual on Hopin**

# SFU – Beedie School of Business



**Are you interested in attending the SFU Beedie School of Business?**

## **Webinars**

- We will be hosting webinars on Wednesdays at 4pm. All are welcome to attend, and registration can be made at [beedie.sfu.ca/bachelor-of-business-administration-webinars](https://beedie.sfu.ca/bachelor-of-business-administration-webinars)
- **Interactive Viewbook**
- Our interactive viewbook, complete with stats, student testimonials, and video content is now available! Go to bottom of the page on [beedie.sfu.ca/bba](https://beedie.sfu.ca/bba) to take a look.
- **Connect with a Current Student or Advisor**
- Do you have questions about the SFU experience? Are you interested in tips on how to make a successful transition to university from someone who's already done it? Book a video conference chat with a current SFU Beedie student or one of our advisors at [sfubeedie.janeapp.com](https://sfubeedie.janeapp.com).
- If all advisor slots are booked, send us an email at [bsb\\_admit@sfu.ca](mailto:bsb_admit@sfu.ca) to set up a time.

**Post-Secondary BC Events: Registration information not yet available but will be soon.**

<https://www.postsecondarybc.ca/events/>

[https://www.youtube.com/watch?v=t7-Ath\\_mH2E](https://www.youtube.com/watch?v=t7-Ath_mH2E)

- Thursday, November 5                      3:00-7:00                      Tri-Cities
- Saturday, November 14                      12:00-4:00                      Community Event
- Wednesday, December 2                      3:00-7:00                      Community Event

**\*this event will feature the 25 BC post-secondaries**

# SFU / UVIC / UBC / U OF T

## **SFU:**

- <https://www.sfu.ca/students/admission/campus-tours.html>
- Prospective Undergrad students

## **UVIC:**

- November 12, 17, 24
- <https://www.uvic.ca/undergraduate/tours-events/events/index.php>

## **UBC:**

- **Future students Live Virtual Vancouver Campus tours throughout September and October, listed on the Undergraduate Future Student Portal:**
- <https://account.you.ubc.ca/s/events>

## **U of Toronto:**

- [U of T Webinar for Prospective Students](#)  
Monday, November 9 at 8:30 AM
- [U of T Webinar Prospective Students](#)  
Monday, November 16 at 6:00 PM
- [U of T Webinar for Prospective Students](#)  
Monday, November 23 at 8:30 AM
- **This is just a small sample of the events happening.**
- **For virtual information session schedules at other universities please log on to the school admissions website to find information.**
- **We are also in the process of scheduling some HWSS or SD43 specific information sessions. Stay tuned for those!**

# REPEAT NOTICES





# Drop-In Youth Sports Port Moody Recreation Complex



## Drop-in Youth Sports

**Fridays 5-9pm & Saturdays 4-8pm**  
at the Recreation Complex

- \$12 for 45-minutes of court time
- Up to 4 players on the court at a time
- You must pre-register for your session
- Registration opens 24 hours in advance
- Register at [portmoody.ca/signmeup](https://portmoody.ca/signmeup) or 604.469.4556
- For youth in grades 6-12

 @pomoyouth

Special measures will be in place to help prevent the spread of COVID-19, including extra cleaning of indoor areas, limited class sizes, and physical distancing when possible.

[portmoody.ca/youth](https://portmoody.ca/youth) | 604.469.4556

PORT MOODY  
CITY OF THE ARTS